MEDIA KIT



Dr. Aditi Stanton, MD, MPH

Board-certified gastroenterologist
Gastro Health, Cincinnati, Ohio

Views are Dr. Stanton's own and do not represent Gastro Health.

Short biography

Dr. Aditi Stanton, MD, MPH, is a board-certified gastroenterologist at Gastro Health in Cincinnati, Ohio, specializing in inflammatory bowel disease, colorectal cancer screening, and motility disorders. She created Gut Feelings, a gut-health tracking app, and her expertise has appeared in The New York Times, The Guardian, Parade, and Everyday Health.

Biography

Dr. Aditi Stanton, MD, MPH, is a board-certified gastroenterologist at Gastro Health in Cincinnati, Ohio. She cares for patients with inflammatory bowel disease, motility disorders, and other digestive conditions, with a special interest in colorectal cancer screening and prevention. She earned her medical degree at Northeast Ohio Medical University (NEOMED), completed her internal medicine residency at the University of Cincinnati, and completed her gastroenterology fellowship at the Medical College of Wisconsin.

Dr. Stanton created Gut Feelings, an app that helps people track food, symptoms, sleep, and stress, spot patterns, and share them with their doctors. She has led quality improvement work in clinical practice and serves on the American College of Gastroenterology's Education Affairs Committee.

Her expertise has been featured in The New York Times, The Guardian, Parade, Martha Stewart, Everyday Health, HealthCentral, and Yahoo Health. She speaks on IBD, colorectal cancer screening, IBS and bloating, women's digestive health, and how diet shapes the gut.

Topics

- IBD (Crohn's and ulcerative colitis)
- Colorectal cancer screening
- Motility and constipation
- IBS and bloating
- GI symptoms in women
- Gut health and diet
- Digestive health apps and digital health

Availability

Available for TV, radio, podcast and print interviews. Typical response within 24 hours.

Interview requests: support@gutfeelings.app
Website: gutfeelings.app
Instagram: @gutfeeling.md
App: Gut Feelings on the App Store

On camera

Local 12 (WKRC Cincinnati), What's Happening in Health. “Gut Instinct: Importance of Screenings for Colon Cancer.” October 2026. 2:24.

Headshots

Square and horizontal files are the same portrait. Both are 393 pixels on the long side of the photograph. A higher-resolution original is not in this kit.